

# 午膳訂餐餐單 (2024年4月) Lunch Order Form (April, 2024)

如欲訂購由午膳承辦商提供之午膳餐款 (每盒34元正) , 請於本月7號前填寫本訂購表, 如需退餐, 請每天8:15前通知校務處職員。

If you want to order the lunch meal provided by the lunch supplier (\$34 per box), please fill in the form before 7th of this month. If you need to cancel the meal, please inform the school office staff before 8:15 of the service day.



\* 表示必填問題

電子郵件 \*

4月8日 (8 April) \*

- A. 翠玉瓜蒸雞柳飯
- B. 燒汁燴豬柳飯
- C. 茄汁魚柳燴意粉(s)
- D. 白汁什菌燴通粉(v)

- A. Steamed Chicken Fillet Rice with Jade Melon
- B. Stewed Pork Tenderloin with Rice in Barbecue Sauce
- C. Stewed Spaghetti with Fish Fillet in Tomato Sauce(s)
- D. Stewed Macaroni with Assorted Mushrooms in White Sauce(v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

4月9日 (9 April) \*

- A. 薯仔燴雞柳飯
- B. 白汁海鮮燴長通粉(s)
- C. 肉醬意粉
- D. 什菌燴豆腐飯(v)

- A. Stewed Chicken Fillet Rice with Potato
- B. Stewed Penne with Seafood in White Sauce(s)
- C. Spaghetti Bolognese
- D. Stewed Bean Curd Rice with Assorted Mushrooms(v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

4月10日 (10 April) \*

- A. 椰菜花牛肉飯
- B. 白汁冬菇蟹柳燴意粉(s)
- C. 野菌汁豬燴蝴蝶粉
- D. 什椒雲耳炒蛋飯(v)

- A. Beef with Cauliflower on rice
- B. Braised Spaghetti with Mushroom and Crab Stick in White Sauce(s)
- C. Stewed Farfalle with Pork in Mushroom Sauce
- D. Scrambled Egg with Mixed Pepper and Fungus(v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

## 4月11日 (11 April) \*

- A. 粟米肉粒飯
- B. 炭燒雞扒飯
- C. 白汁海鮮燴意粉(s)
- D. 南瓜汁什菜燴通粉(v)

- A. Corn and Pork Cubes on Rice
- B. Charcoal-grilled Chicken Fillet with Rice
- C. Stewed Spaghetti with Seafood in White Sauce(s)
- D. Stewed Macaroni with Assorted Vegetables in Pumpkin Sauce (v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

## 4月12日 (12 April) \*

- A. 豆腐蒸魚柳飯(s)
- B. 甜酸汁雞柳燴螺絲粉
- C. 干炒牛肉意粉
- D. 粉絲冬菇蒸節瓜飯(v)

- A. Steamed Fish Fillet Rice with Tofu(s)
- B. Stewed Fusilli with Chicken Fillet in Sweet and Sour Sauce
- C. Stir-fried Beef with Spaghetti
- D. Steamed Shiitake Mushroom, Zucchini and Vermicelli with Rice (v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

## 4月15日 (15 April) \*

- A. 咖哩魚柳飯(s)
- B. 茄汁豬柳意粉
- C. 什菌牛肉長通粉
- D. 燒汁什菜飯(V)

- A. Curry Fish Fillet with Rice(s)
- B. Spaghetti with Pork Tenderloin in Tomato Sauce
- C. Beef Penne with Mixed Mushrooms
- D. Assorted Vegetables Rice with Roasted Sauce (V)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

## 4月16日 (16 April) \*

- A. 豉油汁雲耳雞球飯
- B. 什菜蟹柳燴意粉(s)
- C. 白汁豬柳焗通粉
- D. 冬菇炒椰菜花飯(v)

- A. Chicken Balls Wonton Fungus with Rice in Soya Sauce
- B. Stewed Spaghetti with Mixed Vegetables and Crab Sticks(s)
- C. Baked Macaroni with Pork Tenderloin in White Sauce
- D. Stir-fried Cauliflower and Shiitake Mushrooms with Rice(v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

## 4月17日 (17 April) \*

- A. 燒汁雞柳飯
- B. 南瓜汁牛肉燴意粉
- C. 薯仔豬柳飯
- D. 什菌燴蝴蝶粉(v)

- A. Chicken Fillet with Rice in Barbecue Sauce
- B. Stewed Spaghetti with Beef and Pumpkin Sauce
- C. Pork Tenderloin with Potato on Steam Rice
- D. Stewed Farfalle with Mixed Mushrooms(v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

## 4月18日 (18 April) \*

- A. 肉醬意粉
- B. 香草白汁海鮮焗飯(s)
- C. 燒汁雞柳燴螺絲粉
- D. 蕃茄炒蛋飯(v)

- A. Spaghetti Bolognese
- B. Baked Rice with Seafood in Vanilla Sauce(s)
- C. Stewed Fusilli with Chicken Fillet in BBQ Sauce
- D. Tomato and Scrambled Egg with Rice (v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

4月19日 (19 April) \*

- A. 蘿蔔豬柳飯
- B. 洋葱汁魚柳燴長通粉(s)
- C. 粟米冬菇雞柳飯
- D. 茄汁素肉丸通粉(v)

- A. Pork Tenderloin and Radish with Rice
- B. Stewed Penne with Fish Fillet in Onion Sauce(s)
- C. Chicken Fillet on Rice with Corn and Shiitake Mushroom
- D. Vegetarian Meatballs in Tomato Sauce with Macaroni (v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

4月22日 (22 April) \*

- A. 茄汁燴雞柳意粉
- B. 台式肉燥飯
- C. 白汁魚柳焗長通粉(s)
- D. 什菌雲耳炒蛋飯(v)

- A. Stewed Chicken Fillet with Spaghetti in Tomato Sauce
- B. Taiwanese-style Minced Pork on Rice
- C. Baked Penne with Fish Fillet in White Sauce(s)
- D. Scrambled Egg with Assorted Mushrooms and Fungus on rice(v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

4月23日 (23 April) \*

- A. 翠玉瓜蒸魚柳飯(s)
- B. 燒汁牛肉燴意粉
- C. 什菌芝士豬柳飯
- D. 茄汁什菜燴通粉(v)

- A. Steamed Fish Fillet and Jade Melon with Rice(s)
- B. Stewed Spaghetti with Beef in BBQ Sauce
- C. Pork Tenderloin with Rice, Mixed Cheese and Mushroom
- D. Stewed Spaghetti with Assorted Vegetables in Tomato Sauce (v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

4月24日 (24 April) \*

- A. 粟米蒸肉餅飯
- B. 椰菜花什腸飯
- C. 香草海鮮燴意粉(s)
- D. 什椒菠菜蝴蝶粉(v)

- A. Steamed Corn Meatloaf with Rice
- B. Cauliflower and Mixed Sausages with Rice
- C. Braised Spaghetti with Herbs and Seafood(s)
- D. Farfalle with Mixed Peppers and Spinach (v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

4月25日 (25 April) \*

- A. 雲耳蒸魚柳飯(s)
- B. 茄汁肉丸意粉
- C. 西芹牛肉飯
- D. 南瓜汁素肉丸長通粉(v)

- A. Steamed Fish Fillet Rice with Black Fungus(s)
- B. Spaghetti with Meatballs in Tomato Sauce
- C. Beef with Celery on Rice
- D. Penne with Veggie Meatballs in Pumpkin Sauce(v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

4月26日 (26 April) \*

- A. 薯仔雞柳飯
- B. 什菌牛肉焗螺絲粉
- C. 白汁海鮮焗意粉(s)
- D. 蕃茄炒蛋飯(v)

- A. Chicken Fillet Rice with Potato
- B. Baked Fusilli with Beef and Mixed Mushrooms
- C. Baked Spaghetti with Seafood in White Sauce(s)
- D. Tomato and Scrambled Eggs with Rice(v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day



4月29日 (29 April) \*

- A. 燒汁豬柳飯
- B. 薯仔雞球飯
- C. 白汁大蝦焗通粉(s)
- D. 野菌燴意粉(v)

- A. Pork Tenderloin Rice with Barbecue Sauce
- B. Chicken ball with potatoes on rice
- C. Baked Penne with Prawns in White Sauce(s)
- D. Stewed Spaghetti with Mixed Mushrooms (v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day

4月30日 (30 April) \*

- A. 粟米雲耳蒸豬柳飯
- B. 法汁海鮮燴意粉(s)
- C. 洋蔥汁雞柳焗長通粉
- D. 雲耳豆腐蒸粉絲飯(v)

- A. Steamed Pork Tenderloin on Rice with Corn and Black Fungus
- B. Braised Spaghetti with Seafood in French Sauce(s)
- C. Baked Penne with Chicken Fillet in Onion Sauce
- D. Steamed Vermicelli on Rice with Bean Curd (v)

- A
- B
- C
- D
- 是日不訂午餐 No Meal Order on This Day